



Dallas Fort Worth Who to Call

Tier 1: Universal Services for All Students

- *Student Assistance Program – Free Crisis Counseling Services*
 - ✓ Call: 24/7 (866) 849-1687
 - ✓ Email Questions to: TCA@studentassistanceprograms.net
 - ✓ Frequently Asked Questions: <https://www.texanscan.org/sas/>

Tier 2: Services for Students with Moderate to Severe Mental Health Needs

- *Dallas County: Metrocare Services Behavioral Health Services:*
 - ✓ Skillman Clinic: (214) 221-5433
 - ✓ Samuel Clinic: (214) 275-7393
 - ✓ Lancaster-Kiest Clinic: (214) 371-6639
 - ✓ Westmoreland Clinic: (214) 330-0036
- *Dallas County: Child & Family Guidance Centers*
 - ✓ Contact Alicia Gerwich: (214) 673-6072
 - ✓ Email: abegarney@childrenandfamily.org
- *Tarrant County: MHMR Tarrant Behavioral Health Services*
 - ✓ Contact: The Youth Center
 - ✓ Call: ICARE Call Center & Crisis Line 24/7: (817) 335-3022

Tier 3: Services for Students with Severe or Urgent Mental Health Needs

- *Dallas County: Crisis & Suicide Intervention – Mobile Crisis Outreach Teams* ✓ Contact: Adapt Community Solutions
 - ✓ Call: Crisis Line 24/7: (866) 260-8000
- *Tarrant County: Crisis & Suicide Intervention – Mobile Crisis Outreach Teams*
 - ✓ Contact: MHMR Tarrant Behavioral Health Services
 - ✓ Call: ICARE Call Center & Crisis Line 24/7: (817) 335-3022
- *National Suicide Prevention Lifeline*
 - ✓ [Suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)
 - ✓ Call: 988
- *McKinney Vento (Homelessness)*
 - ✓ [After8toEducate](http://After8toEducate.org) 888-721-0098; 4212 East Grand Ave, Dallas, TX 75223
 - ✓ *Dallas County – Dallas County Health & Human Services (214) 819-1968 •*
 - Emergency Housing Assistance Program
 - https://www.EHAP_DCHHS@dallascounty.org
 - ✓ *Tarrant County – Fort Worth Housing Solutions (817) 333-3400 •*
 - <https://www.fwhs.org/>
- *Texas Child Protective Services: Child Abuse Reporting (CPS) - Statewide*
 - ✓ To Report Call: (800) 252.5400