



San Antonio Can Academies

Who to Call

Tier 1: Universal Services for All Students

- *Student Assistance Program – Free Anytime Counseling Services*
 - ✓ Call 24/7: (866) 849-1687
 - ✓ Email: TCA@studentassistanceprograms.net
 - ✓ For Frequently Asked Questions or Forms: <https://www.texanscan.org/sas/>
- *Insurance Navigators – Health Care Insurance Options*
 - ✓ The Zarzamora Clinic – University Health System
 - ✓ Address: 4503 S. Zarzamora Street, San Antonio, TX 78211
 - ✓ Contact: Katherine Mireles Diaz, Director Health Care Services
 - ✓ Email: katherine.diaz@uhs-sa.com
 - ✓ Office: 210-358-8255 (Appointments & Referrals)

Tier 2: Services for Students with Moderate to Severe Mental Needs

- *The Zarzamora Clinic – University Health System*
 - ✓ Address: 4503 S. Zarzamora Street, San Antonio, TX 78211
 - ✓ Contact: Katherine Mireles Diaz, Director Health Care Services
 - ✓ Email: katherine.diaz@uhs-sa.com
 - ✓ Office: 210-358-8255 (Appointments & Referrals)
- The Center For Healthcare Services
 - ✓ Outpatient Mental Health Services for Children & Adolescents- Intake and Eligibility – 210-261-3350
 - ✓ Texas Correctional Office on Offenders with Medical and Mental Impairments(TCOOMMI)- 210-261-3580
 - ✓ Dual Diagnosis Clinic and Expanded Services – 210-261-3526
 - ✓ Youth Empowerment Services (YES Waiver program) – 210-261-1135
- Nueva Vida Behavioral Health
 - ✓ 9500 Tioga Dr.
 - ✓ 210-616-4990
 - ✓ 343 W. Houston Suite 727
- The Ecumencial Center
 - ✓ 8310 Ewing Halsell Dr.
 - ✓ 210-616-0845
- The Jewish Family Services
 - ✓ 12500 NW Military Hwy Suite 250
 - ✓ 210-302-6920
 - ✓ 1151 Mission Road
 - ✓ 210-533-1112

- McCullough Center for Mental Health Services

- ✓ 2515 McCullough Ave

- 210-736-1762

Tier 3: Services for Students with Severe or Urgent Mental Health Needs ○ *The Center for Health Care Services – Mental Health and Substance Abuse* ✓ Call 24/7 Crisis, Suicide and Substance Abuse Helpline

- ✓ Mobile Crisis Outreach Team (800) 316.9241

- ✓ Crisis Care Center – 210-246-1300

- ✓ 601 North Frio Street, San Antonio, Texas 78270

- *Robert B. Green Campus – University Health System*

- ✓ Address: 903 W Martin Street, San Antonio, TX 78207

- ✓ Contact: Katherine Mireles Diaz, Director Health Care Services

- ✓ Email: katherine.diaz@uhs-sa.com

- ✓ Office: 210-358-3108 (Appointments & Referrals)

- San Antonio Behavioral Healthcare Hospital

- ✓ 8550 Huebner Rd, San Antonio, Texas 78240

- ✓ 210-541-5300

- Laurel Ridge Treatment Center

- ✓ 210-497-9400

- ✓ 17720 Corporate Woods Drive, San Antonio, Texas 78259

- Clarity Child Guidance Center

- ✓ 210-616-0300

- ✓ 8535 Tom Slick, San Antonio, Texas 78229

- The Children's Hospital of San Antonio(Previously Santa Rosa Health Care)

- ✓ 333 N. Santa Rosa St.

- ✓ 210-704-2190

- University Health- Children's Emergency Room

- ✓ 4502 Medical Drive

- ✓ 210-743-0188

- ✓ Main Hospital 210-358-4000

Any operating Emergency Room can conduct a suicide assessment

- National Suicide Prevention Lifeline

- Suicidepreventionlifeline.org

- 988

- Homelessness

- Haven For Hope

- 1 Haven for Hope Way, San Antonio, Texas 78207

- (210) 220-2100

- SAM Ministries

- 1919 NW Loop 410, Suite 100, San Antonio 78213

- 210-340-0302

- Eviction Moratorium Questions

- 311 or 210-207-5910

- Evictionhelp@sanantonio.gov