



Houston Can Academies Who to Call

Tier 1: Universal Services for All Students

- Student Assistance Program – Free Anytime Counseling Services 24/7
 - Call: 866.849.1687
 - Questions or concerns email: TCA@studentassistanceprograms.net
 - For frequently asked questions or consent forms: <https://www.texanscan.org/sas/>

Tier 2: Services for Students with Moderate to Severe Mental Health Needs

- The Harris Center for Mental Health and IDD
 - Contact: Caryn Lira, Practice Manager – Children’s Co-Location Program • For Student On-Site Counseling Referrals (Hobby and Southwest only)
 - Email: caryn.lira@theharriscenter.org
 - Cell Phone: 832.942.3485
- Change Happens - The Harris Center for Mental Health
 - Program Coordinator: Dr. Sujeeta Menon,
 - Phone: 713-374-1200/ ext.1262
 - Address: 3353 Elgin St Houston TX, 77004
 - Email: smenon@changehappenstx.org
- Chosen Behavioral
 - Executive Director: Catina Erwin, MHS, MA, LPC
 - Phone: 832-781-8710
 - Email: cerwin@chosenbehavioral.org
 - Address: 340 N Sam Houston PKWY East, Suite 249, Houston, TX 77060

Tier 3: Services for Students with Severe or Urgent Mental Health Needs

- The Harris Center for Mental Health and IDD – Harris County
 - Crisis Intervention – Mobile Crisis Outreach Teams
 - Call Crisis Line: 713.970.7000, Option 1
- Drug & Alcohol Addiction/Treatment
 - The Council on Recovery
 - Call: 713.979.6600
 - 303 Jackson Hill Street, Houston, TX 77077
- National Suicide Prevention Lifeline
 - suicidepreventionlifeline.org

- 988

- Homelessness

- <https://www.homelesshouston.org/help-card>

- Houston Housing Authority

- Call: 713.260.0600

- 2640 Fountain View Dr., Houston, TX 77057

- Website: www.housingforhouston.com

As of 9/27/2022