

Students must earn 1.0 credit in physical education for graduation.

Senate Bill 530 requires students in 3rd through 12th grades to participate in a physical fitness evaluation in their physical education class or equivalent class.

The state mandates the use of the Cooper Institute **FitnessGram** as the state's tool for evaluation. The components of testing are:

- cardiorespiratory endurance
- body composition
- muscular strength
- muscular endurance
- flexibility

Your child will be receiving information concerning their testing schedule from the campus. Parents can request in writing their child's physical fitness assessment results at the end of the school year. Please request results at Curriculum@texanscan.org.

The results of the physical fitness evaluations will not impede grade point average, grade placement, and graduation or campus ratings. The evaluation of health criteria will be used to encourage progress towards reaching the optimum health fitness zone.